

High ErbB3 activating activity in human blood is not due to circulating neuregulin-1 beta

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ABSTRACT

Neuregulin-1 β (NRG-1) is a membrane-bound or secreted growth and differentiation factor that mediates its action by binding to ErbB receptors. Circulating levels of NRG-1 are characterized by large inter-individual variability with the range of absolute values covering two orders of magnitude, from hundreds to tens of thousands of picograms per milliliter of blood. NRG-1 signaling via ErbB receptors contributes to the cell survival and downregulation of the inflammatory response. A higher level of circulating NRG-1 may indicate increased shedding of membrane-bound NRG-1, which in turn can contribute to better protection against cardiovascular stress or injury. However, it is unknown whether circulating NRG-1 can induce activation of ErbB receptors.

In the current study, we performed an analysis of circulating NRG-1 functional activity using a cell-based ELISA measuring phosphorylation of ErbB3 induced by blood plasma obtained from healthy donors. We found high levels of ErbB3 activating activity in human plasma. No correlations were found between the levels of circulating NRG-1 and plasma ErbB3 activating activity. To determine the direct effect of circulating NRG-1, we incubated plasma with neutralizing antibody, which prevented the stimulatory effect of recombinant NRG-1 on activation of ErbB3. No effect of the neutralizing antibody was found on plasma-induced phosphorylation of ErbB3. We also found that a significant portion of circulating NRG-1 is comprised of full-length NRG-1 associated with large extracellular vesicles. Our results demonstrate that circulating NRG-1 does not contribute to plasma-induced ErbB3 activating activity and emphasizes the importance of functional testing of NRG-1 proteins in biological samples.

1. Introduction

Neuregulin-1 β (NRG-1) plays an essential role in cardiac development [1–4] as well as in the regulation of tissue-protective and pro-survival processes in response to tissue injury in the adult cardiovascular system [5,6]. NRG-1 is expressed as a transmembrane growth factor [7]. Full-length NRG-1 is not active; activation requires cleavage of an extracellular domain of NRG-1 by matrix metalloproteinases which can then bind to ErbB3 or ErbB4 receptors. Binding of NRG-1 to ErbB3 or ErbB4 receptors induces homo- and heterodimer formation with each other or with ErbB2. Dimerization followed by tyrosine

phosphorylation results in subsequent activation of downstream intracellular signaling which leads to cell protection and stimulation of proliferation [8–11].

NRG-1 is present in the circulation. The level of circulating NRG-1 is characterized by large inter-individual variability [12,13]. We and others have found that levels of NRG-1 protein vary over a wide range of concentrations, from hundreds to tens of thousands of picograms per milliliter of blood plasma or serum [14–17]. However, the functional importance of NRG-1 variability in the circulation is not well understood. The expression of ErbB2, ErbB3 and ErbB4 receptors on human endothelial cells [11,18,19], human monocytes and lymphocytes

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[20–22], suggests that circulating NRG-1 may be involved in the regulation of vascular homeostasis. The level of circulating NRG-1 positively associates with disease severity and adverse outcomes in heart failure patients [23], suggesting that circulating NRG-1 is produced by diseased myocardium and may serve as a biomarker of myocardial stress or ischemia [17]. Serum NRG-1 levels are positively correlated with vascular endothelial growth factor and angiopoietin-1 levels in patients with diabetes and unstable angina pectoris [24]. Recombinant NRG-1 can induce the synthesis of vascular endothelial growth factor [25] and angiopoietin-1 [26], suggesting that circulating NRG-1 may be involved in the upregulation of those factors in blood leukocytes. However, the functional activity of circulating NRG-1 has not been determined.

The goal of the current study was to determine the functional activity of circulating NRG-1 in blood plasma samples obtained from healthy donors. We employed a cell-based ELISA assay to measure phosphorylation of ErbB3 receptors expressed in MCF-7 cells in response to stimulation with human plasma. We also examined the effect of NRG-1 neutralizing antibody on plasma-induced ErbB3 activation and demonstrated the association of full-length NRG-1 with large extracellular vesicles in the circulation.

2. Methods

The data that support the findings of this study are available from the corresponding author upon reasonable request.

2.1. Human subjects

Research was performed in accordance with study protocols approved by Maine Medical Center Institutional Review Board, which is accredited by the Association for the Accreditation of Human Research Protection Programs (AAHRPP). Blood samples were drawn from ten healthy donors after individuals had signed an informed consent form agreeing to be a voluntary donor. The healthy donors were a random group of male ($n = 5$) and female ($n = 5$) individuals between the ages of 39 and 69 years.

2.2. Blood sample collection

Venous blood (10 ml) was collected using BD Vacutainer ACD tubes. Blood plasma was prepared at room temperature using a two-step centrifugation at 2000g for 20 min. After preparation plasma was stored at -80°C until further analysis.

2.3. Cells

A human leukemia monocytic cell line, THP-1, human microvascular endothelial cells, HMEC-1, and MCF-7 breast cancer cells were obtained from the American Type Culture Collection (Manassas, VA). Cells were cultured according to ATCC recommendations.

2.4. Reagents

An extracellular domain of recombinant human neuregulin-1 (377-HB/CF), recombinant human epidermal growth factor (EGF, 236-EG), recombinant human betacellulin (BTC, 261-CE), and recombinant human heparin-binding epidermal growth factor (HB-EGF, 259-HE) were purchased from Bio-technique/R&D Systems and reconstituted in phosphate-buffered saline. ErbB receptor inhibitors, including AG-1478, TAK-165 (mubritinib), AZD-8931 and AST-1306 were obtained from Selleck Chemicals (Houston, TX). Stock solutions of ErbB inhibitors were prepared in dimethyl sulfoxide. When used in experiments with cells, the final concentration of dimethyl sulfoxide did not exceed 0.1%.

Table 1

Primers for RT-PCR used in this study.

Target	Forward primer (5'–3')	Reverse primer (5'–3')
ErbB1/EGFR	GGACGACGTGGTGGATGCCG	GGCGCCTGTGGGGTCTGAGC
ErbB2	CCAGCCCTCTGACGTCCATC	TTGATGAGGATCCCAAGACC
ErbB3	GCCAGAGCCTTTTAAGTCCAT	CCGTGGCATTGGGTGTAGAGA
ErbB4	GTGAAATTGGACACAGCCCT	GCCATTACAGCAGGAGTCAT
β -Actin	CGCCCCAGGCACAGGGC	GGCTGGGTGTTGAAGGT

2.5. Real-time polymerase chain reaction

Total RNA was isolated from peripheral blood mononuclear cells using an RNeasy Mini kit (Qiagen, Germantown, MD). One microgram of total DNase-treated RNA was used to generate cDNA with Moloney murine leukemia virus reverse transcriptase (Promega, Madison, WI) and random hexamers (Thermo Fisher Scientific). RT-PCR was performed using the ABI PRISM 7900HT Sequence Detection System (Thermo Fisher Scientific), as previously described elsewhere (48). Primer sequences for human ErbB1–4 receptors are shown in Table 1.

2.6. Western-blotting analysis and immunoprecipitation of plasma NRG-1

MCF-7 lysates were separated on a 4–12% gradient SDS-PAGE gel and processed for Western blotting. Rabbit polyclonal phospho-HER3/ErbB3 (Tyr1289) (21D3, Cell Signaling Technologies) was used as a primary antibody, and horseradish peroxidase-conjugated anti-rabbit IgG (111-035-003, Jackson ImmunoResearch Laboratories) was used as a second antibody at a dilution of 1:25,000.

Immunoprecipitation of NRG-1 was performed using mouse anti-NRG1 monoclonal antibody (MA5-12895, ThermoFisher Scientific). Mouse IgG2a was used as a control. Both anti-NRG-1 and IgG2a were biotinylated using EZ-Link™ Sulfo-NHS-LC-Biotinylation Kit (21435, ThermoFisher Scientific). Blood plasma (1.5 ml) was incubated with biotinylated anti-NRG-1 or IgG2a for overnight at 4°C , followed by a 60-minute incubation with streptavidin MagneSphere® Paramagnetic Particles (Z5481, Promega). Paramagnetic particles were captured using a magnetic particle separator (Roche) and washed 5 times with RIPA buffer. Immunoprecipitated plasma proteins were eluted using Laemmli buffer. Polyclonal goat anti-NRG-1 extracellular domain antibody (AF377, Bio-Techne/R&D Systems) was used to analyze immunoprecipitates.

2.7. Flow cytometric analysis

MCF-7 cells were detached using Accutase solution, centrifuged and resuspended at the concentration of 10^6 cells per ml in a FACS buffer (PBS, 5% BSA and 2 mM EDTA). Cells were treated with Human TruStain FcX™ (Biolegend, San Diego, CA) to prevent non-specific binding followed by incubation with relevant antibodies for 25 min at 4°C . Cell-surface antigen expression of ErbB receptors was examined using PE-conjugated anti-human ErbB2 (Fab1129P) and IgG2b isotype-matched control (IC0041P), ErbB3 (Fab3481P) and IgG1 control (IC002P), ErbB4 (Fab11311P) and IgG2a (IC003P) isotype control. Data acquisition was performed on a MacsQuant Analyzer 10 (Miltenyi Biotec, Inc.) and the data were analyzed using WinList 5.0 software. Viable and non-viable cells were distinguished using DAPI.

2.8. Plasma ErbB3 activating activity

MCF-7 cells were seeded at an initial density of 8×10^4 cells per well into a 96-well plate. Cells were kept in growth medium, DMEM containing 10% FBS, in a CO_2 incubator overnight to allow cell attachment. The medium was changed to serum-free DMEM the following day, and cells were incubated for an additional 24 h. The reaction was initiated by the addition of the extracellular domain of recombinant

NRG-1, EGF, BTC, HB-EGF or plasma samples. After a 15 minute incubation, the reaction was stopped with the addition of formaldehyde to a final concentration of 4%. Cells were permeabilized using 0.1% Triton X-100. Non-specific binding was blocked with 3% bovine serum albumin, and cells were incubated with primary antibody, phospho-HER3/ErbB3 (Tyr1289) (21D3, Cell Signaling Technologies), followed by incubation with secondary anti-rabbit IgG conjugated with horseradish peroxidase (111-035-003, Jackson ImmunoResearch. Colorimetric reaction proportional to the level of ErbB3 phosphorylation was developed using TMB substrate (N301, ThermoFisher Scientific). The absorbance was measured at 450 nm within 30 min of stopping the reaction. The level of plasma ErbB3 activating activity was determined from a calibration curve created with recombinant NRG-1 (377-HB-050, Bio-Techne/RD Systems) and expressed as an amount of NRG-1 inducing a similar level of ErbB3 phosphorylation.

To determine the number of cells per well and confirm a confluent MCF-7 cell monolayer, cells were incubated with DAPI solution for an additional 30 min and fluorescence was measured with 365 nm excitation/ 415-445 nm emission. The number of cells was calculated from a calibration curve created by seeding different numbers of cells per well ($20\text{--}100 \times 10^4$ cells per well).

2.9. Analysis of circulating NRG-1 positive extracellular vesicles

Extracellular vesicles were analyzed using a MACSQuant 10 analyzer (Miltenyi Biotec, Inc). Size-calibrated FITC labeled microbeads with sizes of 0.2 μm , 0.5 μm and 1 μm (F13839, Life Technologies) were used to establish a gate in a side scatter (SSC-H) and FITC-H settings using log scaling. Then FITC-labeled microbeads were backdated to a forward (FSC-H) and side scatter (SSC-H) setting to establish a gate for extracellular vesicles. The upper limit of the extracellular vesicles gate was established at the size of the 1 μm beads. In order to detect 0.2 μm beads, an absolute minimum threshold was lowered to 2.20 (from 5.0) at the SSC, resulting in a high background noise. No microbeads with size below 0.2 μm were detected. To distinguish between background noise and extracellular vesicles, plasma samples were filtered through filters with pore size of 0.1 μm (UFC30VU00, Sigma). Samples were analyzed at the lowest acquisition speed.

NRG-1 positive extracellular vesicles were identified using anti-NRG-1 antibody (AF377, Bio-Techne/RD Systems) conjugated to CF™488A (excitation/emission: 490/515 nm) using Mix-n-Stain™CF™488A Antibody Labeling kit (MIX488AS100, Sigma). Number of NRG-1 positive extracellular vesicles was calculated using a known number, 5×10^4 [4], of 2 μm non-fluorescent microbeads (80177, Sigma) added to filtered and unfiltered plasma samples.

2.10. Statistical analysis

Normally distributed variables are expressed as mean \pm SEM. Data are expressed as median values when distributions are skewed. Comparisons between two groups were performed using two-tailed unpaired *t*-tests or Mann Whitney test for normal or skewed distribution, respectively. Comparisons between three or more groups were performed using one-way ANOVA test with Tukey's multiple comparisons post-test. For continuous variables, correlation analysis was performed using Spearman's rank test (skewed distribution correlation). A *P*-value < 0.05 was considered significant.

3. Results

3.1. Expression of ErbB receptors in MCF-7 cells

To determine functional activity of circulating NRG-1, we measured phosphorylation of ErbB receptors, one of the early steps which follows NRG-1 binding and ErbB receptors dimerization. It is well-known that while the EGFR/ErbB1 receptor does not bind NRG-1, it may dimerize

and induce phosphorylation of other ErbB receptors [27–29]. EGFR/ErbB1 ligands, such as epidermal growth factor and transforming growth factor- α , are present in the circulation [30,31]. To exclude the potential contribution of EGFR/ErbB1-dependent signaling and identify cells that do not express EGFR/ErbB1, we first performed an analysis of ErbB receptors gene expression in several cell lines, including HMEC-1, THP-1, and MCF-7 cells, using RT-PCR. We found that MCF-7 cells are characterized by the absence of EGFR/ErbB1 gene expression accompanied by the highest expression of ErbB3 among tested cell lines (Fig. 1A). mRNA expression of ErbB2 and ErbB4 were also detected in MCF-7 cells. Data from RT-PCR were validated using flow cytometric analysis of ErbB receptor expression, showing cell surface expression of ErbB2, ErbB3 and ErbB4 but not EGFR/ErbB1 receptors in MCF-7 cells (Fig. 1B).

Next, we tested the effect of recombinant NRG-1 on activation of ErbB receptors. ErbB3 receptors were chosen due to their direct binding to NRG-1 and high level of protein expression in MCF-7 cells. We found that NRG-1 induced rapid (within 5 min) phosphorylation of ErbB3, which plateaued after 30 min (Fig. 1C). Based on these data, we selected a 15-minute treatment for the analysis of the functional activity of circulating NRG-1. This time point corresponded to the submaximal level of ErbB3 phosphorylation (Fig. 1D).

3.2. Effect of ErbB receptors ligands and inhibitors on phosphorylation of ErbB3

To determine the effect of ErbB ligands, we used a cell-based ELISA assay measuring ErbB3 phosphorylation after 15 min of MCF-7 cell stimulation. As seen in Fig. 2A, NRG-1 but not epidermal growth factor, an EGFR/ErbB1 ligand, induced phosphorylation of ErbB3, consistent with the absence of EGFR/ErbB1 expression in MCF-7 cells. The effective concentration 50% (EC50) of NRG-1-dependent phosphorylation of ErbB3 was 26 ng/ml.

Our analysis revealed that both reversible (AZD8931) and irreversible (AST1306) pan-ErbB antagonists, inhibit NRG-1 induced phosphorylation of ErbB3 with inhibitory concentration 50% (IC50) of 2.3 nM and 12.5 nM, respectively (Fig. 2B). These concentrations are in agreement with previous studies [32,33], indicating that the NRG-1 effect in MCF-7 cells is fully dependent on the activation of ErbB receptors. We also found that AG1478 inhibits phosphorylation of ErbB3 with an IC50 value of 857 nM, which is close to the previously demonstrated effect of AG1478 on ErbB3 and ErbB4 receptors [8,34,35]. This concentration is more than one hundredfold higher than IC50 concentration of AG1478, which inhibits activation of EGFR/erbB1 [36], further confirming the absence of EGFR/ErbB1 expression in MCF-7 cells. We found no inhibitory effect of selective and potent ErbB2 inhibitor, TAK165, indicating that ErbB2 is not involved in phosphorylation of ErbB3. Our data indicate that this cell-based ELISA represents a quantifiable and highly reproducible method to measure phosphorylation of ErbB3.

3.3. Plasma ErbB3 activating activity and level of circulating NRG-1 protein

We used recombinant NRG-1 to construct calibration curves in a similar manner for two assays: (1) conventional ELISA to determine the level of NRG-1 protein; and (2) cell-based ELISA to examine the effect of blood plasma on ErbB3 phosphorylation in MCF-7. This allowed us to compare the level of circulating NRG-1 protein and plasma ErbB activating activity in the same samples obtained from healthy volunteers.

Our analysis revealed that the level of plasma-induced ErbB3 activating activity was approximately 50 fold higher compared to the NRG-1 protein level (Fig. 3A). We also found that the level of ErbB3 activating activity was characterized by a lower quartile coefficient of dispersion, with a value of 0.21, versus a value of 0.85 found for NRG-1 protein.

To better characterize ErbB3 activating activity we performed an

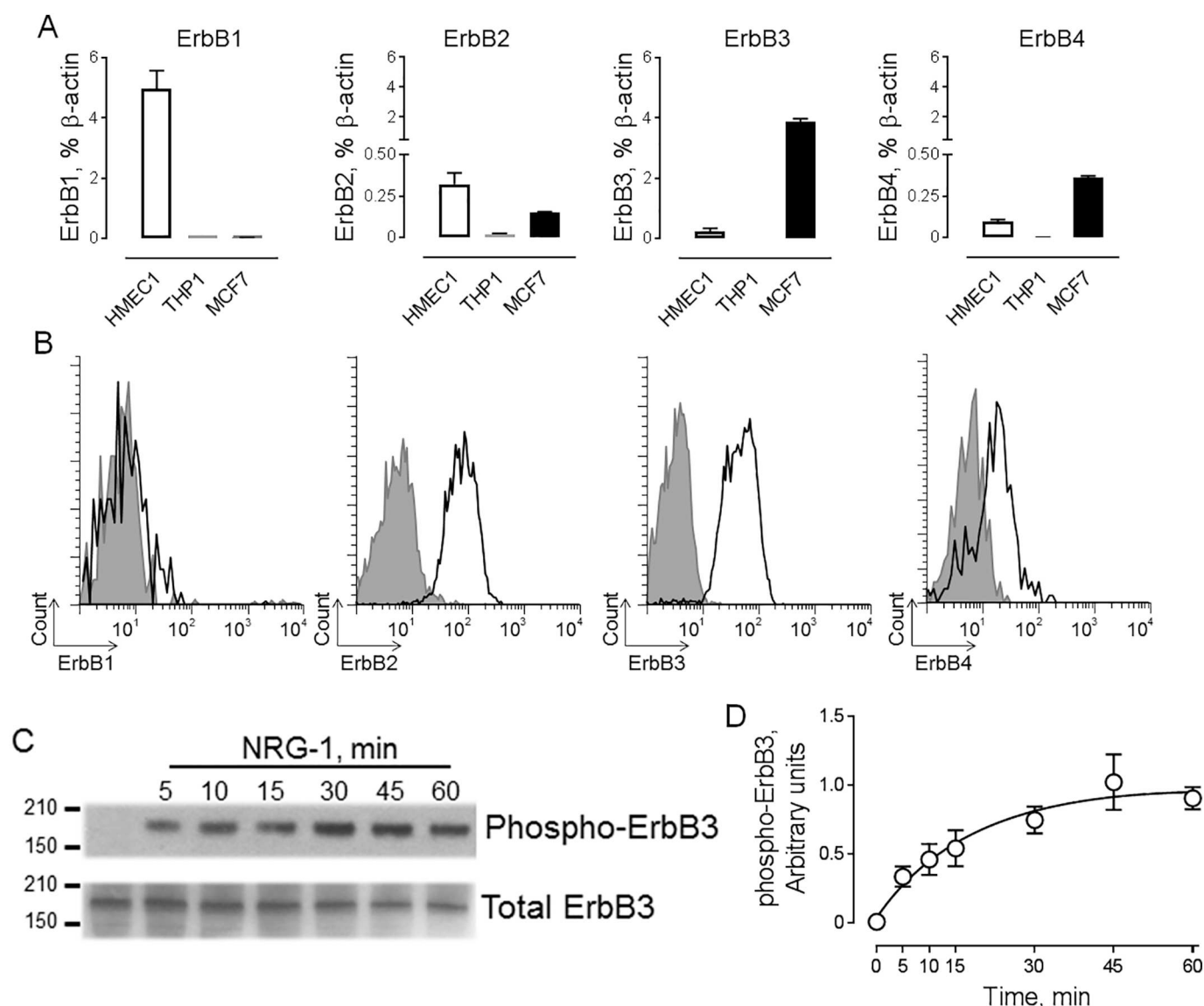


Fig. 1. MCF-7 cells are characterized by high expression of functionally active ErbB3. **A.** Graphical representation of ErbB1–4 receptors expression in a human microvascular endothelial cell line (HMEC1, positive control), a human monocytic cell line (THP1, negative control) and a human breast cancer cell line (MCF-7). **B.** Flow cytometric analysis of cell surface expression of ErbB receptors in MCF-7 cells. The open histogram depicts the specific ErbB antibody and the gray histogram represents the isotype-matched control. The Y-axis shows cell count; the X-axis indicates fluorescence intensity. **C.** Effect of 10 ng/ml neuregulin-1(NRG-1) on phosphorylation of ErbB3 in MCF-7 cells. The horizontal lines on the left are the molecular weight ladder. The ErbB3 molecular weight is 180kD. **D.** Graphical representation of data from western blot analysis of NRG-1 induced phosphorylation of ErbB3. Data are shown as mean \pm SEM; $n = 3$.

analysis of multiple plasma dilutions on ErbB3 phosphorylation. As seen in Fig. 3B, a serial dilution curve is comprised of two parts. Within the range of plasma dilutions from 1:2.5 to 1:10, there is a very low decline in the ErbB3 activating activity, most likely due to saturation of the ErbB3 receptor pool in the presence of high concentrations of factors contributing to ErbB3 activation. We found a linear decrease in ErbB3 phosphorylation with dilution of plasma samples from 1:10 to 1:40.

To determine whether or not circulating NRG-1 contributes to plasma ErbB3 activating activity, we first performed correlation analysis between levels of NRG-1 protein and plasma-induced ErbB3 phosphorylation using two dilution factors, 2.5 and 20, corresponding to lowest dilution and those which are on the linear part of serial dilution curve, respectively. No associations were found between circulating NRG-1 protein and ErbB3 activating activity at dilution of 1 to 2.5 (Fig. 3C) or 1 to 20 (Fig. 3D).

3.4. Effect of NRG-1 neutralizing antibody on plasma ErbB3 activating activity

To further characterize the functional activity of circulating NRG-1, we determined the effect of NRG-1 neutralizing antibody on plasma-induced ErbB3 phosphorylation. As seen in Fig. 4A, the pre-incubation of NRG-1 with neutralizing antibody resulted in a 85% reduction of ErbB3 phosphorylation induced by 10 ng/ml of recombinant NRG-1. This concentration is ten-fold higher than the median value for the level of circulating NRG-1 in human plasma. Therefore, we expected to find a reduction in the plasma ErbB3 activating activity if circulating NRG-1 protein is functionally active and contributes to ErbB3 phosphorylation.

To confirm the efficiency of neutralizing antibody in human plasma, we tested the effect of two concentrations of neutralizing antibody, 1 μ g/ml and 5 μ g/ml, on the effect of recombinant NRG-1 in combination with plasma samples obtained from subjects with low concentration of circulating NRG-1 (below 0.5 ng/ml). As shown in Fig. 4B,

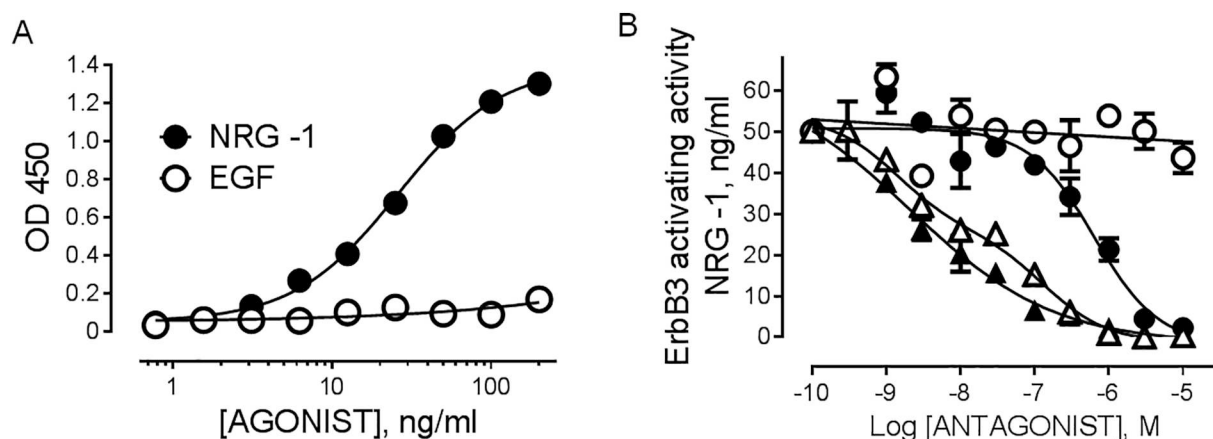


Fig. 2. Pharmacological characterization of ErbB3 activation in MCF-7 cells. A. Effect of NRG-1 (closed circles, $n = 12$) and epidermal growth factor (EGF, open circles, $n = 3$) on phosphorylation of ErbB3 in MCF-7 cells. EC50 [NRG1] = 26 ng/ml. B. Effect of TAK-165 (open circles), AG 1478 (closed circles), AST1306 (open triangles) and AZD8931 (closed triangles) on ErbB3 phosphorylation induced by 50 ng/ml rhNRG-1. The data are mean \pm SEM, $n = 3$.

both NRG-1 and plasma are inducing phosphorylation of ErbB3. Neutralizing antibody abolished the effect of recombinant NRG-1 but not plasma on ErbB3 phosphorylation. Surprisingly, we found that recombinant NRG-1 and plasma cooperated in a synergistic manner to induce ErbB3 phosphorylation, suggesting the presence of allosteric non-competitive ErbB3 activators in human plasma (Fig. 4C).

Next, we examined the effect of neutralizing antibody in the entire cohort of human plasma samples. We found no difference between the neutralizing and control antibodies, with the exception for one sample.

The protein concentration of circulating NRG-1 in this sample was 20 ng/ml. Preincubation with neutralizing antibody resulted in a 25% reduction of plasma-induced ErbB3 phosphorylation in that sample (Fig. 4D).

Since our data demonstrated no contribution of circulating NRG-1, we performed an additional analysis to determine the effect of ErbB4 ligands, betacellulin (BTC) and heparin-binding epidermal growth factor (HB-EGF), on activation of ErbB3. Both BTC and HB-EGF are present in the circulation [37–39]. As shown in Fig. 4E, 100 ng/ml

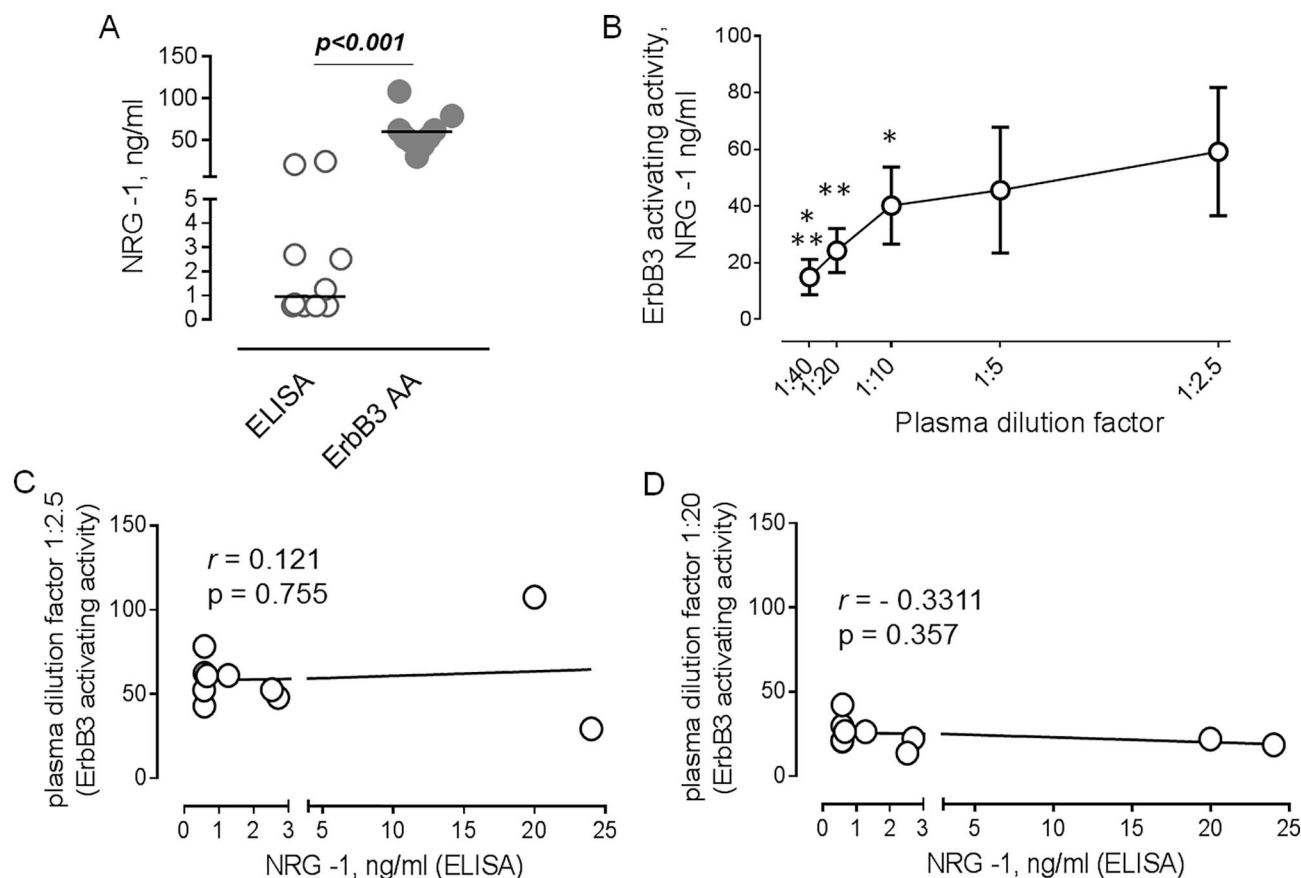


Fig. 3. NRG-1 protein level does not correlate to ErbB3 activation activity in healthy donor plasma. A. Graphical representation of data for circulating levels of NRG-1 protein (ELISA) and plasma ErbB3 activating activity (ErbB3 AA) in healthy donor plasma ($n = 10$). Mann Whitney test. B. Effect of plasma dilutions (1:2.5, 1:5, 1:10, 1:20, and 1:40) on phosphorylation of ErbB3. Results become linear with dilutions between 1:10 and 1:40. Repeated measures one-way ANOVA, Tukey's posttest, $n = 10$. C-D. The association between levels of NRG-1 protein and ErbB3 activating activity at 1:2.5 (C) and 1:20 (D) dilutions.

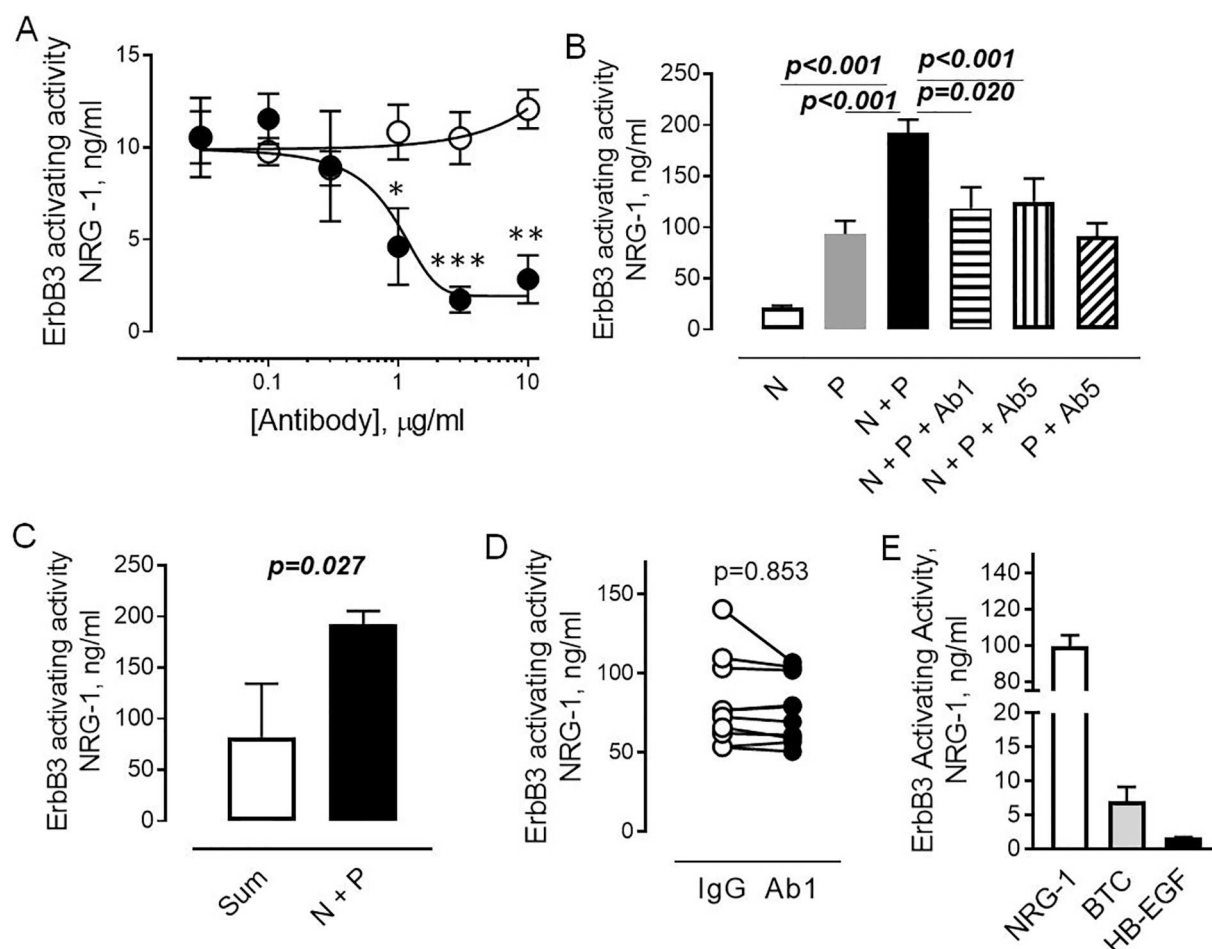


Fig. 4. NRG-1 neutralizing antibody does not reduce the level of plasma ErbB3 activating activity. A. Effect of anti-NRG-1 antibody (AF377, closed circles) or control IgG's on ErbB3 phosphorylation induced by 10 ng/ml rhNRG-1. The data are mean \pm SEM, $n = 3$. Mann Whitney test. B. Effect of anti-NRG-1 antibody (AF377, closed circles) on ErbB3 phosphorylation induced by 10 ng/ml NRG-1 (N), healthy donor plasma (P), combinations of NRG-1 and plasma (N + P), NRG-1, plasma and 1 μ g/ml (N + P + Ab1), or 5 μ g/ml (N + P + Ab5) of anti-NRG-1 antibody. The data are mean \pm SEM, $n = 3$. One-way ANOVA, Tukey's posttest. C. Graphical representation of data showing synergism between recombinant NRG-1 and plasma. Open bar – sum of NRG-1 and plasma added separately to MCF-7 cells; Closed bar – NRG-1 and plasma added to cells simultaneously. Mann Whitney test, $n = 3$. D. Effect of 1 μ g/ml anti-NRG-1 antibody and control IgG's on ErbB3 phosphorylation induced by plasma. Each plasma sample was tested in three independent experiments performed in duplicates. Mann Whitney test. E. Effect of 100 ng/ml recombinant NRG-1 (open bar), 100 ng/ml betacellulin (BTC, gray-shaded) and 100 ng/ml heparin-binding epidermal growth factor (HB-EGF, open) on phosphorylation of ErbB3 in MCF-7 cells. The data are mean \pm SEM, $n = 2$.

concentration of both BTC and HB-EGF induced phosphorylation of ErbB3. The effect induced by these factors was approximately 20-fold and 50-fold less for BTC and HB-EGF, respectively, compared to the effect of NRG-1. However, these observations demonstrated that plasma factors that do not directly bind the ErbB3 receptor could contribute to its activation.

3.5. Circulating pool of full-length NRG-1 is associated with large extracellular vesicles

To better characterize circulating NRG-1 proteins, we performed western blotting analysis of blood plasma. Our data demonstrated the presence of multiple bands of immunoreactivity with one strong band at approximately 50 kDa, and several weaker bands near ~70 kDa, 98 kDa and 130 kDa (Fig. 5A). No bands, with a molecular weight close to predicted for the extracellular domain of NRG-1 (~25 kDa), were detected.

Abundant blood proteins, such as albumin, can contribute to non-specific antibody coupling, making it difficult to analyze specific immunoreactivity in plasma samples. To increase the specificity of NRG-1 immunoblot analysis, we performed immunoprecipitation of plasma NRG-1. Our data clearly demonstrated the presence of only one band of

approximately 70 kDa (Fig. 5B), the molecular weight predicted for full-length NRG-1.

Since full-length NRG-1 is a transmembrane protein, we tested whether or not circulating NRG-1 is associated with extracellular vesicles generated from cell membrane. We analyzed blood plasma for extracellular vesicles with size between 0.2 μ m and 1 μ m using flow cytometry. These large extracellular vesicles, also known as microvesicles, bud directly from plasma membranes [40]. As shown in Fig. 5C, NRG-1-positive extracellular vesicles are present in the human plasma. We found a positive correlation between the number of NRG-1 positive extracellular vesicles and circulating NRG-1 protein determined by ELISA (Fig. 5D). Filtration of human plasma with 0.1 μ m filters resulted in ~30% reduction of NRG-1 protein (Fig. 5E), indicating that full-length NRG-1 expressed on > 0.1 μ m diameter extracellular vesicles represent approximately one-third of the circulating NRG-1 in human blood.

4. Discussion

In the current study, we demonstrated that human plasma is characterized by high ability to induce ErbB3 activation. However, circulating NRG-1 does not appear to contribute to activation of ErbB3

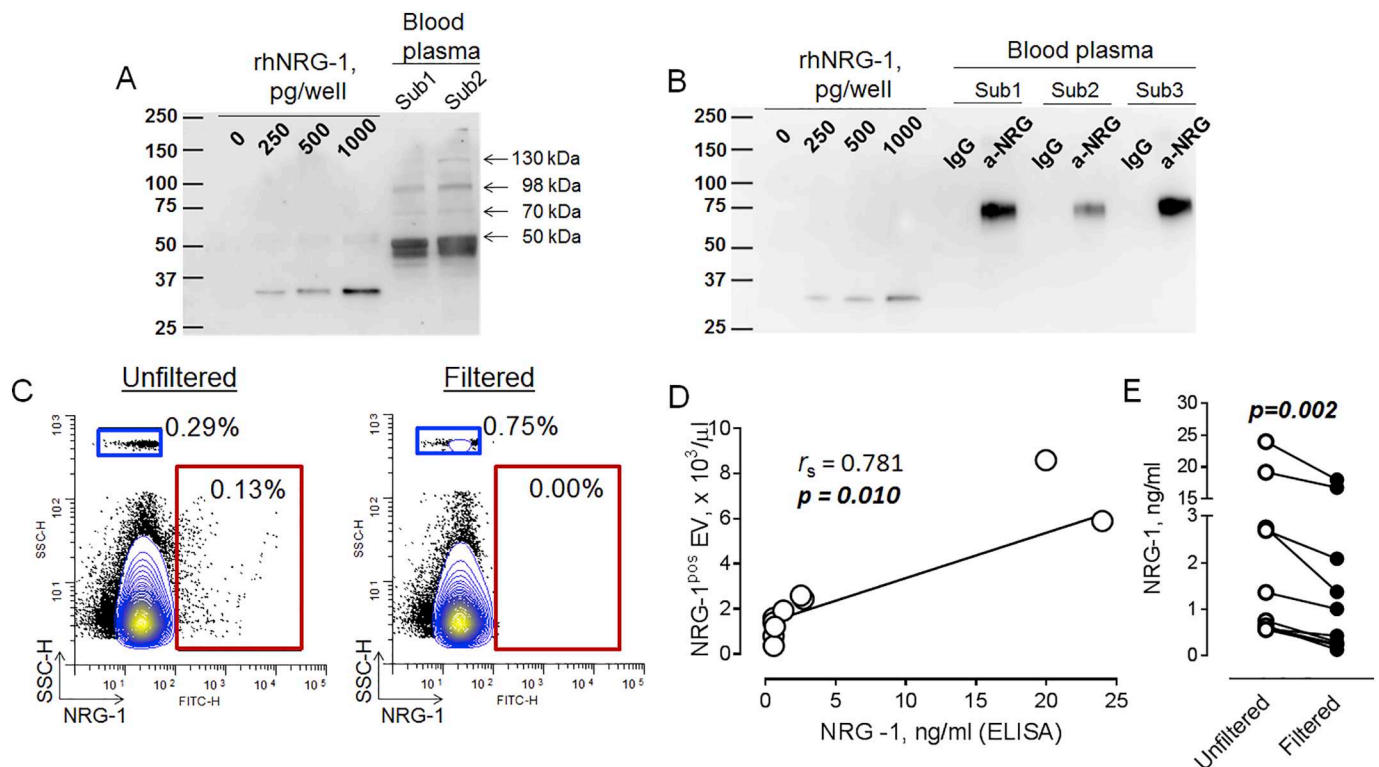


Fig. 5. Association of circulating NRG-1 with large extracellular vesicles. A Western blot analysis of plasma samples obtained from two individuals with the highest level of circulating NRG-1 (Sub1–20 ng/ml, and Sub2–24 ng/ml). Different concentrations of extracellular domain of recombinant human NRG-1 (rhNRG-1) were used to identify the active form of NRG-1. B. Immunoprecipitation of plasma NRG-1 using mouse IgG2a (IgG, control) or anti-NRG-1 antibody (a-NRG, clone: 7D5) followed by western blot analysis of circulating NRG-1 with goat anti-NRG-1 antibody. C. Representative flow cytometric plots showing NRG-1 positive vesicles (red gate) in plasma samples before (unfiltered) and after (filtered) filtration through filters with pore size of 0.1 μ m. Microbeads (5×10^4) with size of 2 μ m (blue gate) were used to determine number of NRG-1 positive extracellular vesicles. D. Association between NRG-1 positive vesicles, determined using flow cytometric analysis, and NRG-1 protein levels in plasma samples. The r_s and P values are from Spearman correlation ($n = 10$). E. Levels of NRG-1 protein, determined by ELISA, in plasma samples before (unfiltered) and after (filtered) filtration through 0.1 μ m filters. Wilcoxon test. P-value is indicated. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

receptors. This can be explained, at least in part, by the fact that circulating NRG-1 is represented by inactive full-length transmembrane protein associated with large extracellular vesicles.

We used phosphorylation of ErbB3 receptors to determine the activity of blood plasma and circulating NRG-1. It is important to note, however, that activation of ErbB3 receptors cells is not solely limited to the effect of ErbB3 agonists in MCF-7 cells. Our data indicated that in addition to ErbB3, ErbB2 and ErbB4, but not EGFR/ErbB1 are expressed in these cells. The pharmacological analysis further demonstrated the absence of EGFR/ErbB1 expression. Previous data from other studies on the expression of ErbB receptors are consistent with our findings [41–43]. Overall, our data indicated that MCF-7 cells can be used to study the functional effects of ErbB3 and ErbB4 receptor ligands.

ErbB3 and ErbB4 receptor ligands, including NRG-1 and 4, BTC and HB-EGF are present in the circulation [17,44–46], and can contribute to transactivation of ErbB receptors. We found that ErbB4 ligands, BTC and HB-EGF, can minimally induce phosphorylation of ErbB3 receptors in MCF-7 cells. In addition, ErbB receptors can be activated through the activation of G-protein coupled receptor-dependent signaling, a process known as transactivation [47–49]. Not surprisingly, our data demonstrated a high level of ErbB3 activating activity in human plasma. We also found that the recombinant extracellular domain of NRG-1 acts in a synergistic manner with blood plasma to activate ErbB3, suggesting that plasma-induced ErbB3 activation is dependent on contributions from allosteric non-competitive mechanisms. An Allosteric mechanism of activation through dimer formation has been previously shown for ErbB receptors [50–52]. We did not find the expression of ErbB1 in MCF-7 cells. Pharmacological inhibition of ErbB2 also revealed no

contribution of this receptor subtype in ErbB3 activation in MCF-7 cells. Since we found the functional activity of ErbB4, it is likely that ErbB3 and ErbB4 interact in an allosteric manner. ErbB3 activity may be regulated by non-receptor tyrosine kinase-dependent mechanisms. The effect of c-Src in synergistic activation of ErbB1 and ErbB2 has been previously described [53–55]. In future studies, it would be interesting to test the effect of Src inhibitors alone or in combination with inhibitors of G-protein coupled receptors [56] on plasma-induced ErbB3 or ErbB4 phosphorylation.

Our study showed no contribution of circulating NRG-1 to plasma ErbB3 activating activity. That was demonstrated by (1) the absence of association between the level of NRG-1 protein and ErbB3 phosphorylation, and (2) no effect of NRG-1 neutralizing antibody compared to control IgG's on plasma-induced activation of ErbB3. Thus, an anti-NRG-1 antibody that successfully blocked the effect of the active extracellular domain of NRG-1 did not reduce the phosphorylation of ErbB3 induced by blood plasma. We cannot exclude, however, that full-length, membrane-bound NRG-1 in large extracellular vesicles may contribute to ErbB3 phosphorylation during a longer incubation time during which a plateau corresponding to the phosphorylation of the entire ErbB3 receptor pool is reached. Our current study examined the effect of fifteen minutes of incubation time. Investigation of the effect of purified NRG-1 positive large extracellular vesicles on ErbB3 phosphorylation is warranted.

It has been shown previously that nitration of NRG-1 resulted in loss of its ability to bind and activate ErbB receptors [57], indicating that posttranslational modification could mediate functional inhibition of NRG-1 in blood. In addition, previous analysis of NRG-1 protein

expression in cell lines and skeletal muscles revealed the presence of multiple different isoforms, as well as inactive transmembrane and biologically active shed forms of NRG-1 [58–62]. In the current study, we also demonstrated the presence of multiple bands of NRG-1 immunoreactivity in human plasma. However, immunoprecipitation of plasma NRG-1 using an antibody against the extracellular domain resulted in purification of only one form with a molecular weight close to the predicted weight of full-length NRG-1. The full-length NRG-1 is a transmembrane protein, suggesting that circulating NRG-1 can be associated with extracellular vesicles.

Indeed, our analysis revealed the presence of NRG-1 positive large extracellular vesicles in blood plasma, indicating that matrix metalloproteinase-dependent shedding of extracellular domain of NRG-1 [19,63] is not a unique process contributing to circulating protein pool. Full-length NRG-1 can also be released into the blood through mechanisms related to cell membrane budding. Furthermore, we found that extracellular vesicles-associated NRG-1, accounted for approximately 30% of circulating NRG-1. Interestingly, in our previous study, we demonstrated significant six-fold higher level of NRG-1 protein in blood plasma compared to serum samples obtained from patients with severe coronary artery disease [17]. The difference between plasma and serum levels of NRG-1 may indicate that NRG-1 is associated with extracellular vesicles generated from apoptotic cells in diseased myocardium. Apoptotic extracellular vesicles are removed from serum due to their involvement in coagulation and blood clot formation [64–66]. However, this should be tested in future studies.

Cytofluorometric approaches to measure NRG-1 positive extracellular vesicles have limitations. The lowest limit of extracellular vesicles detection with this method is 0.2 μm . Because of that, a significant portion of extracellular vesicles with smaller sizes, from 0.04 μm to 0.2 μm , were excluded from the analysis. It is possible that biologically inactive full-length NRG-1 can also be associated with small extracellular vesicles. That may explain the presence of a high molecular weight form of NRG-1, which has not been removed after the filtration through 0.1 μm filters. We cannot exclude, however, that our approach is not sufficient for identification of all forms of circulating NRG-1. The low molecular weight extracellular domain of NRG-1 still may be present in the blood. Biotinylation of the antibody used for immunoprecipitation may result in the reduction of interaction [67] with multiple forms of NRG-1, including the low molecular weight extracellular domain.

In summary, we demonstrate that blood plasma obtained from healthy donor volunteers possesses high ErbB receptor activating activity. Our data indicated that full-length NRG-1, associated with large extracellular vesicles, is present in the circulation. These data expand our understanding of the nature of circulating NRG-1 pool and highlight the importance of the functional assessment of ErbB ligands in biological fluids. Further studies to determine functional significance of ErbB receptor activating activity in cardiovascular disease are warranted.

Abbreviations

ACD	anticoagulant citrate dextrose
AG1478	N-(3-chlorophenyl)-6,7-dimethoxyquinazolin-4-amine hydrochloride
AST1306	2-Propenamide, N-[4-[[3-chloro-4-[(3-fluorophenyl)methoxy]phenyl]amino]-6-quinazolinyl]-, 4-methylbenzenesulfonate (1:1)
AZD8931	2-(4-(4-(3-chloro-2-fluorophenylamino)-7-methoxyquinazolin-6-yloxy)piperidin-1-yl)-N-methylacetamide
EC50	half maximal effective concentration
EGF	epidermal growth factor

EGFR	epidermal growth factor receptor
FITC	fluorescein isothiocyanate
FSC-H	forward scatter height, flow cytometry
IC50	half maximal inhibitory concentration
IgG	immunoglobulin G
IP	immunoprecipitation
NRG-1	neuregulin-1 β
OD450	optical density at 450 nm, spectrophotometry
RT-PCR	real-time polymerase chain reaction
SSC-H	forward scatter height, flow cytometry
TAK165	(E)-1-(4-(4-((2-(4-(trifluoromethyl)styryl)oxazol-4-yl)methoxy)phenyl)butyl)-1H-1,2,3-triazole

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Declaration of competing interest

None

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